















Nuclear Receptor Color Chart

| COLOR | GEMSTONE | EFFECT | BODY | CHAKRA |
|---|---|---|---|--|
|  White | Diamond, Zircon | High Energy Boost | Pineal Gland | Crown, or Sahasrara |
|  Brown | Smokey Quartz, Champagne Diamond | High Energy Boost, Digestion | Pineal Gland, Liver, Kidney & Spleen | Alta Major, Solar Plexus |
|  Red | Ruby | High Energy Boost | Pituitary & Adrenals | Brow (Anja), Solar Plexus |
|  Warm Red | Garnet | Physical Energy Boost, Digestion & Balance | Adrenals, Liver, Kidney & Pituitary | Solar Plexus, Brow (Anja) |
|  Pink | Pink Tourmaline, Pink Sapphire, Kunzite | Induce Balanced Energy | Heart, Gonads, Spleen & Pituitary | Alta Major |
|  Green | Emerald | Weight Control & Balance | Thyroid Gland | Throat, Hypothalamus |
|  Yellow- Green | Peridot, Sphe | Weight Control, Digestion & Balance | Liver, Kidney, Spleen & Thyroid Gland | Throat, Solar Plexus, Hypothalamus |
|  Yellow | Citrine, Yellow Sapphire, Canary Diamond | Digestion & Detoxification | Liver, Kidney & Spleen | Solar Plexus, Manipura |
|  Lt. Blue | Aquamarine, Blue Topaz | Boost Immune System, Soothing | Thymus & Heart | Anahata |
|  Blue | Sapphire | Calming & Balancing | Heart | Anahata, Heart |
|  Violet | Amethyst | Sexual & Creative Boost | Gonads & Pineal Gland | Muladhara (Base of Spine) |
|  Blue- Violet | Tanzanite, Iolite | Sexual & Creative Boost | Gonads, Heart & Pineal Gland | Muladhara (Base of Spine) |

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